**St Johns Wednesday Morning Prayer**

**The Preparation**

Presider O Lord, open our lips

**All And our mouth shall proclaim your praise**

Presider Pour your love into our hearts, O God

**All Through the Holy Spirit you have given to us**

**Glory to God, source of all being,**

**Eternal word and Holy Spirit:**

**As it was in the beginning, is now,**

**And shall be forever. Amen.**

**Alleluia!**

**The Opening Prayer**

Presider The night has passed and the day lies open before us;

Let us pray with one heart and mind

*Silence is kept*

A we rejoice in the gift of this new day,

So may the light of your presence O God,

Set our hearts on fire with love for you

Now and forever. Amen

**The Word of God**

**72**    
1 Give the King your justice, O God, \*  
and your righteousness to the King's Son;  
  
2 That he may rule your people righteously \*  
and the poor with justice.  
  
3 That the mountains may bring prosperity to the people, \*  
and the little hills bring righteousness.  
  
4 He shall defend the needy among the people; \*  
he shall rescue the poor and crush the oppressor.  
  
5 He shall live as long as the sun and moon endure, \*  
from one generation to another.  
  
6 He shall come down like rain upon the mown field, \*  
like showers that water the earth.  
  
7 In his time shall the righteous flourish; \*  
there shall be abundance of peace till the moon shall be no more.

**The Responsorv**

Presider Fear not, for I have redeemed you.

I have called you by name; you are mine.

**All: Fear not, for I have redeemed you.**

**I have called you by name; you are mine.**

Presider When you pass through the waters, I will be with you.

When you walk through the dark valley, I will be with you.

**All: Fear not, for I have redeemed you.**

**I have called you by name; you are mine.**

Presider You are precious in my sight and I love you.

Do not fear, for I am with you.

**All: Fear not, for I have redeemed you.**

**I have called you by name; you are mine.**

**Reading Of The Gospel**

Gospel Reader: The Lord be with you.

**All: And also with you.**

Gospel Reader: The Holy Gospel of our Lord Jesus Christ according to John

**All: Glory to you, Lord Jesus Christ.**

The Jews then disputed among themselves, saying, ‘How can this man give us his flesh to eat?’ So Jesus said to them, ‘Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.’ He said these things while he was teaching in the synagogue at Capernaum.

Gospel Reader: The Gospel of Christ.

**All: Praise to you, Lord Jesus Christ.**

**Gospel Canticle**

Refrain: **You have looked with favour upon your lowly servant:**

**From this day, all generations will call her blessed.**

**Magnificat**

My soul proclaims the greatness of the Lord,

my spirit rejoices in God my Savior,

for he has looked with favor on his humble servant.

From this day all generations will call me blessed,

the Almighty has done great things for me,

and holy is his Name.

He has mercy on those who fear Him

in every generation.

He has shown the strength of his arm,

he has scattered the proud in their conceit.

He has cast down the mighty from their thrones,

and has lifted up the humble.

He has filled the hungry with good things,

and the rich he has sent away empty.

He has come to the help of his servant Israel

for he has remembered his promise of mercy,

the promise he made to our fathers,

to Abraham and his children for ever.

**Glory to the Father, and to the Son, and to the Holy Spirit,**

**as it was in the beginning, is now, and will be for ever.**

**Amen**

Refrain: **You have looked with favour upon your lowly servant:**

**From this day, all generations will call her blessed.**

**The Litany**

Presider Let us give glory to God on high,

Who from his fullness have received grace upon grace.

For the holy Church of God throughout the world,

That with one heart we may rejoice in the word made flesh,

Let us pray in the Spirit

**All God of love, hear our prayer**

Presider For good will in the hearts of all; and on earth peace,

Let us pray in the Spirit

**All God of love, hear our prayer**

Presider For the poor, the outcast and the homeless,

The lonely and the unloved, Let us pray in the Spirit

**All God of love, hear our prayer**

Presider For all who are struggling this day with ill health, with addiction with mental illnesses, and those who are struggling alone

Let us pray in the Spirit

**All God of love, hear our prayer**

Presider (Any individual prayers…)

**God of love, hear our prayer**

Presider With the blessed Virgin Mary,

Saint John and all the host of heaven,

let our voices rise to praise God’s glory

**All God of love, hear our prayer**

**The Collect**

Presider Almighty God,

Who wonderfully created us in your own image

And yet more wonderfully restored us

In your Son Jesus Christ:

Grant that, as he came to share our human nature,

So we may be partakers of his divine glory;

Who is alive and reigns with you and the Holy Spirit,

One God, now and forever. Amen.

Presider As Our Saviour Christ taught us we are bold to say:

**All Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done,**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Lead us not into temptation**

**but deliver us from evil.**

**For the kingdom, the power,**

**and the glory are yours**

**now and for ever.**

**Amen.**

**Closing Responses**

The Blessing

**All The Lord bless us and preserve us from all evil,**

**And keep us in eternal life. Amen.**

Presider Let us bless the Lord

**All Thanks be to God.**