﻿**Celtic Monday Morning Prayer From The Northumbria Community**

**﻿**We Pray **(All) In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

**Silence**

﻿One thing I have asked of the Lord,

this is what I seek:

that I may dwell in the house of the Lord

﻿all the days of my life;

to behold the beauty of the Lord

and to seek Him in His temple.

**﻿Invocation of the Holy Spirit**

Most powerful Holy Spirit,

**(All) come down**

**upon us**

**and subdue us.**

**From heaven,**

**where the ordinary**

**is made glorious,**

**and glory seems but ordinary,**

**bathe us**

**with the brilliance**

**of Your light like dew.**

**﻿To whom shall we go?**

**You have the words of eternal life,**

**and we have believed and have come to know**

**that You are the Holy One of God.**

**Praise to You, Lord Jesus Christ,**

**King of endless glory.**

**Responsory**

**﻿**Call - Who is it that you seek?

**Response - We seek the Lord our God.**

Call - Do you seek Him with all your heart?

**Response - Amen. Lord, have mercy.**

Call - Do you seek Him with all your soul?

**Response - Amen. Lord, have mercy.**

Call - Do you seek Him with all your mind?

**Response - Amen. Lord, have mercy.**

Call - Do you seek Him with all your strength?

**Response - Amen. Christ, have mercy.**

The Word Of God In Psalm 57

7 My heart is firmly fixed, O God, my heart is fixed; \*  
I will sing and make melody.  
  
8 Wake up, my spirit;  
awake, lute and harp; \*  
I myself will waken the dawn.  
  
9 I will confess you among the peoples, O Lord; \*  
I will sing praise to you among the nations.  
  
10 For your loving-kindness is greater than the heavens, \*  
and your faithfulness reaches to the clouds.  
  
11 Exalt yourself above the heavens, O God, \*  
and your glory over all the earth.

﻿**MEDITATION**

Listen to your life. See it for the fathomless mystery that it is. In the boredom and pain of it no less than in the excitement and gladness: touch, taste, smell your way to the holy and hidden heart of it because in the last analysis all moments are key moments, and life itself is grace.

**Silence**

## **Gospel Reading**

Gospel Reader: The Lord be with you.

**All: And Also with you.**

Gospel Reader: The Holy Gospel of our Lord Jesus Christ according to Mark.

**All: Glory to you, Lord Jesus Christ.**

From there he set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophoenician origin. She begged him to cast the demon out of her daughter. He said to her, ‘Let the children be fed first, for it is not fair to take the children’s food and throw it to the dogs.’ But she answered him, ‘Sir, even the dogs under the table eat the children’s crumbs.’ Then he said to her, ‘For saying that, you may go—the demon has left your daughter.’ So she went home, found the child lying on the bed, and the demon gone.

Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, ‘Ephphatha’, that is, ‘Be opened.’ And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, ‘He has done everything well; he even makes the deaf to hear and the mute to speak.’

Gospel Reader: **The Gospel of Christ**

**All: Praise to you, Lord Jesus Christ**

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**Litany**

Canticle Christ,

as a light illumine and guide me.

Christ, as a shield overshadow me.

**(All) Christ under me;**

**Christ over me;**

**Christ beside me on my left and my right.**

This day be within and without me,

lowly and meek, yet all-powerful.

Be in the heart of each to whom I speak;

in the mouth of each who speaks unto me.

This day be within and without me,

lowly and meek, yet all-powerful.

**﻿(All)** **Christ as a light;**

**Christ as a shield;**

**Christ beside me on my left and my right.**

We pray for others…Amen

Aloud or silent prayer

We pray for ourselves…Amen

Aloud or silent prayer

We pray for the dearly departed…Amen

Aloud or silent prayer

And together we pray,

**﻿(All)** **Christ as a light;**

**Christ as a shield;**

**Christ beside me on my left and my right. Amen.**

As Our Saviour Christ taught us we are bold to say:

**Our Father in heaven,**

**hallowed be your name,**

**your kingdom come,**

**your will be done,**

**on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins**

**as we forgive those who sin against us.**

**Lead us not into temptation**

**but deliver us from evil.**

**For the kingdom, the power,**

**and the glory are yours**

**now and for ever.**

**Amen.**

﻿The Blessing

May the peace of the Lord Christ go with you,

wherever He may send you.

May He guide you through the wilderness,

protect you through the storm.

May He bring you home rejoicing at the wonders He has shown you.

May He bring you home rejoicing once again into our doors.

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Closing Responses

**The Lord bless us and preserve us from all evil,**

**And keep us in eternal life. Amen.**

Let us bless the Lord

**Thanks be to God.**